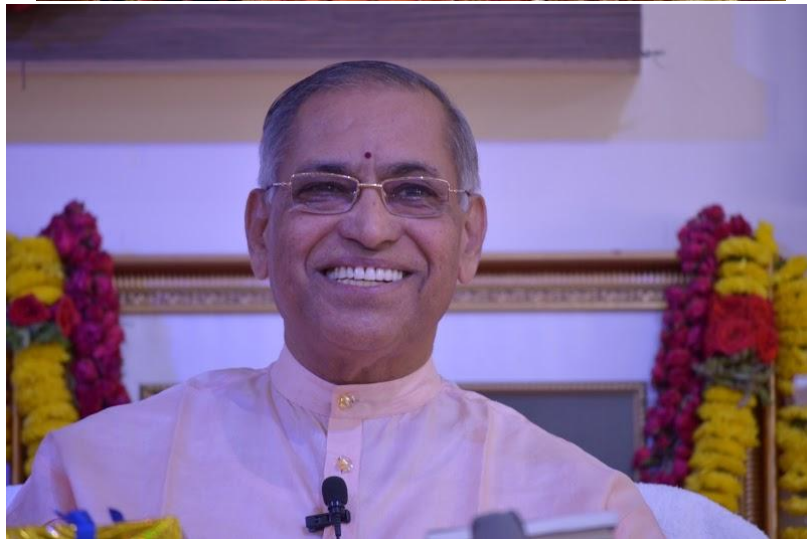


106th May Call Celebrations, Bangalore
Discourse 3 by Master K. Parvathi Kumar
29th May, 2015



Hearty fraternal greetings and good wishes to all the brothers and the sisters. We have been speaking of the entry of the energy of the Master into us from the centre above the head, which is the centre of Brahman on the 7th physical plane, where the Scriptures refer to as the feet of Cosmic person. The feet of the Cosmic Person are on the 7th sub-plane of the 7th plane, the physical plane. The physical plane has 7 sub-planes in it. We are in the physical plane with Muladhara as the first sub-plane, the grossest one. The awareness or consciousness touches down upon the earth when it comes upto Muladhara. We cannot touch anything physically if awareness is not present in Muladhara. We cannot feel anything physically. The touch down has happened and we are in the physical. We have come from the most high planes. The higher point for us is the 7th sub-plane of physical plane,

which is on top of our head, that is where the feet of the cosmic person are present. By that touch, we are uplifted up. We have to consciously work it out on a daily basis. Just like when a magnet is present on top of a iron piece, it jumps to reach the magnet. The awareness is stuck in the physical plane because we are more interested in the physical plane. It needs to relate to higher sub-planes of the physical plane. Beyond the 7th sub-plane are the feet of the Lord, the Cosmic Person. The Cosmic person permeates all the 7 planes right upto the physical plane. We have different names for the 7 planes. We are in the grossest plane of the total creation of 7 planes. So just as I said in the morning, Shamballa is in the ethers of the physical plane. So touch down is not possible even for Sanath kumara. He needs vehicles.

When touch down happens, you tend to be grosser. In the descending order, more and more material is formed. As much material dominates, spirit is constricted. Awareness, as it descends, it is like a conical shape. The upper part of the cone is very expansive while the tip of the cone is constricted. In higher circles, the awareness is very expansion while in the lower circles is very constrictive. It is compared to a Naga. Our awareness in Saharara is highest while it is lowest in Muladhara. We are so much interested in the lowest plane, that we stopped visiting the higher planes. And gradually the other centres are closed. So the awareness in us is compared to a serpent. Man mostly works in physical, emotional and mental planes and sometimes he enters into Buddhi. That is why man is said to be present in 3 and half layers of his system. That is also expressed as 3 and half rounds of kundalini coil. Once the 4th round is complete, we are in the Buddhic plane. When it goes to 5th round, it reaches blissful plane. By the time, the 7 rounds of coil are complete, we realise ourselves as THAT I AM. This is how the coils are there. The coiled coil of the serpent, that is how Master CVV refers in the occult meditations.

On May Call, we are orienting towards the Master with a wish to be uplifted. We want that lift up to happen and that is why we gather here. Master calls from most high circles and then the energies raise. Earlier the energies were referred to as Kundalini. Now energy is a popular word. Brahman, in a expressed form, is the energy. It can be static or dynamic. It is the principle. Not only Master CVV, any Master who has the ability to permeate all the 7 planes, if you invoke him, he can lift us up. When we say "Namaskarams Master", the descend happens to cause ascent. The descent happens from above.

Man is the micro cosmos. Though we are in the physical plane with 7 sub-planes, there are correspondences of this plane to other 6 planes and respective sub-planes. There is a diagram in the books of Madam HPB and Alice Bailey, which you can go through if you wish.

So the lift up is from mental to Buddhi. This is what is called transcendence. We should transcend the mental. The mental orientations don't exist. We get different orientations and different perceptions when we move to buddhic plane. Sitting in the mental, if you permeate into Buddhi plane, you get better perceptions. Please note that Yoga is about permeating into other planes but not displacement from plane to another. It is expansion of consciousness. You do not lose contact with mental when you permeate into Buddhic plane. It was not so with some of the practices in ancient days where people tried to move to higher planes and remained oblivious to lower planes. It is not so with Yoga. That is why Krishna says that to be Yogi is the best possible state. A Yogi can permeate all the 7 planes.

Master lifts us up into higher plane and we become oblivious to the familiar side of one's being. We cannot open our eyes in such a situation. When Master touches you in prayer, you cannot open your eyes. So Master says not to make efforts to open your eyes. Let it be like that. You hear a humming sound that happens in the Anahata. There is a feeble current passing. You can hear the same sound when you close your ears with your hands. You are in a state where all those thoughts which keep on suffocating you, distorting you, are gone. In that state, the energy of the Master keeps working to rectify the defects in your mental, emotional and physical planes. That is why, after we return back after one invocation, we can again invoke the Master and close our eyes. It can be done again and again. The more and more you do that, more and more rectifications happen. He rectifies in such a manner that your attitude towards work changes, your orientation towards family and society,

changes. Once you are in the Buddhic plane, you start receiving information regarding you and the creation. All that knowledge comes from within.

Master says that "Subtly and softly, I will cut off certain things from you." The Master cuts you off from all unnecessary associations. That is why you cannot meet someone even if you want to. He cannot even meet you even if he tries. Why because it is not necessary. In this manner, Master ensures that your associations are regulated. Such cut offs even happens with relatives. Generally waste of time happens in many associations. Time is wasted and money is also wasted. Such associations entangle us in many unnecessary activities. We have to attend to many functions like marriages, thread ceremonies, etc. of people who are not even your direct relations. There are people who even attend friend's sister's son's marriage. Are they all essential to you? I am not saying that you should not go but if are always engaged in so much objective active where is the time for Yoga. People take pride in having many contacts. It is ignorance. You should have meaningful contacts. More contacts results in more ego. Social activity keeps on growing and growing only to feed one's ego. Once you are into the path of Master, he will cut you off from many associations. He is a Master tailor who removes all unnecessary contacts and activities. He knows which contact is good and which is not. People do not come to you casually. You cannot go and meet someone casually. This is a practical thing that we see if we work with the Master. So Master cuts off in such a manner so that you have enough time to relate to the energy. Your physical associations are gradually brought to order.

Likewise emotional things are also brought to order. We have problem with excessive like and dislikes. Master has a very fine way of working with them. Masters puts in such situations that we remain more with people and things we don't like. He wants to remove that dislike that we have. We think of dislikes more than likes. We generally notice what is not there, more than what is there. We notice more, people who we do not like than those who we like. Our perception changes between our likes and dislikes. It is fine if our child does a mistake but we are irritated if someone else's child does the same mistake. These things are very much with us. Extreme likes and dislikes result of emotion. Hatred is a big emotion. Attachment is another big emotion. If we are very attached to someone, if a small thing happens to that person, we are so much worried. So Master works with our emotional imbalances and our likes and dislikes. He doesn't want us to have any attachments. We should not be emotionally stuck in anything. Master will also ensure that we do not frequently visit people who we like. Excessive association is not good. Due to excessive association, a friend may turn into an enemy. In life, we mostly lose friends. A true disciple not only makes more friends but also turns enemies into friends.

When you liking and not liking is neutralised, your karma is neutralised. In you, if there are no likes and dislikes, you would not be creating new karma. There is no more future karma. You attend to clear past karma without any priorities. So neutralization is very important. It should replace likes and dislikes. You should remain in a neutral state without likes and dislikes. You can normalise them. You are made to accept discomfort and dislikes. You are slowly made to accept things as they are.

At the mental plane, Master works in such a manner that pride and prejudice are neutralized. It is the pride that causes prejudice. When a man speaks in a judgmental manner about others, that means that they have lot of pride. Such ones judge everyone, even the Masters of wisdom. We normally talk ill of others, in their absence. It is the pride in you that talks in such a manner. It is the pride which causes prejudice towards others. It is holding opinions about others. You can have information of past events but you cannot judge or have opinion based on that. This judgemental attitude is great sickness. We know that a Master of wisdom said "Judge not". Who are you to judge? Each one is a son of God. God will take care of everyone. He knows how to take care of his children. You do not have the right to comment on others. You take care of your attitude because you have taken to this path of discipleship and you are informed enough.

One of the fundamental requirements for discipleship is said to be "a tongue of good report", meaning if you are speaking of a person who is not present there, you should only speak what you

know good about him. After putting Vali down, Rama speaks of the virtues of Vali to Sugreeva. After putting Ravana down, Rama speaks of the virtues of Ravana to Lakshmana. See that. That is what we have to learn. When we see the virtues, we attract the virtues from the others and same applies to weaknesses as well. Therefore at the mental plane, the game is of pride and prejudice and its related jealousy. At the emotional plane, it is likes and dislikes. On the physical plane, unnecessary activity. So Master neutralizes our pride, prejudice and jealousy. He adjusts our likes and dislikes. Then he makes adjustments to our hyperactivity and inertia. So many adjustments have to be made to each personality. It is not a small job. It is like washing very dirty linen to bring it back to its original shine. Normally original shine does not come to clothes after washing because the waters are not pure enough. Therefore every white dress tends to be somewhat white after a wash but not the original white.

Therefore, there is so much cleansing required in each one of us. The soul has come down to fulfil the divine plan. Once the cleansing is done, the soul is realized. Once the ignorance is gone, knowledge remains. Removal of ignorance enables shining forth of knowledge. If small stones are mixed up among rice grains, we have to remove each stone individually. It is a boring activity but people used to do that in the past by recollecting the name of the lord for each stone removed. Once the stones are removed, the rice remains. The rice needed not be collected. Or if you collect the rice, the stones remain. Which is easier? As rice is more in quantity than the stones, it is easy to remove the stones.

So the Master teaches how to eliminate apart from doing the repair work. He teaches why the damage has happened so that this knowledge can be used to ensure that the same damage does not happen again. On one side, he repairs and on the other side, he imparts knowledge. Gradually you find the taste for relating to him. The taste for relating to him is reflected as the taste for morning and evening prayers. If you don't have taste for morning and evening prayers, it means you haven't accepted to be repaired. In every prayer, he repairs a while. If it is a holiday, spend more time in prayer so that repair work happens for more time. This kind of repair work keeps on happening while you are slightly lifted up from the mental plane. In the mental plane, there are higher sub-planes. If you are in the 3rd sub-plane of mental plane, he lifts you up into the 4th sub-plane of mental plane and then does the repair work. Slowly you are lifted up further. When you are lifted up from your present sub-plane of mental plane, Shri Aurobindo calls it supra-mental plane. In that plane, you are in a kind of disconnect with the surroundings. It is not complete disconnect. By that lift up, we develop a taste for higher sub-plane and try to spend more time in it. That is what is called transcendental. You transcend from the 3rd sub-plane to mental plane to 4th sub-plane, then to 5th sub-plane, then to 6th, then to 7th and then to Buddhic plane. When you are in prayer, in Buddhic plane, you are delocalized from the surroundings. You are lifted up from your localisation. Localisation of consciousness is ego and consciousness is stuck there. Now it is being released.

You care not for simple discomforts, for simple sicknesses to the body, for more money, for petty property. You are not much in the body. You are naturally into a different world. In that state, knowledge becomes the tastiest thing. Such ones are very dear to me, says Lord Krishna. They eventually reach the Lord. The hunger for knowledge substitutes the hunger for food and drink. You are not so much drink and food. You don't feel hunger and thirst much. They are no more your priorities. The nature ensures that you get timely and chaste food because you are with a higher dimension. The people around you take care of you much better. The lower falls into order when the higher prevails. That is the law. If you go with a higher official, the lower behaves well with you. So how much you try to organise your mundane life, there is still some disorder. Isn't it? That is why personality life is compared to a bag of frogs. Frogs keep jumping and you remain engaged in collecting the frogs all the time. It is never ending process. If you are engaged with a higher thing, the frogs behave better. Men who are engaged in the Buddhic plane, their life is better organised, not that they organise.

For this to happen, you need to have complete trust in the Master. That is why Master Mourya says that half-heartedness is dangerous. Only if you have complete trust in the World teacher, then you are a member of The World Teacher trust. If you pay membership fee or not does not matter. You

can be a member on paper by paying the fee but not a member by spirit. You need to have complete belief on the Master. Master will take care both your mundane and divine life. That is what Master promised. It is a complete package. We cannot take care of personality completely on our own. The personality issues are like the tides of the ocean. They are never ending. If you say, "I will take bath once the tides stop", then you never take bath. Like that we have one of other issue in personality life and attending to them, we neglect prayers. Let that be, you relate to the Master through prayer and everything is organized. First priority has to be prayer. We have many stories of devotees whose objective lives were taken care of the Divine. You care for others, you are taken care of by the Lord. If you want to take care of yourself and don't look for others, everything is left to you. We have one example from the life of Master VPS. There was a sick person at his house and there was a patient waiting at the door with the same sickness. Master VPS attended to that patient and the person in his house got cured. That is how it is.

As you are more with the Master, your attention is more towards eternal and permanent things and not towards temporary things. To know it as information is different, to gain such a psyche which naturally inclines towards eternal things is different. Adjustments are made to the psyche in such a manner. You do not bother much about mundane activities. Everything is organized in the mundane if you remain in higher planes. We have the example of Ramakrishna who remained mostly in the blissful plane, nature arranged Vivekananda to arrange everything for Ramakrishna in the physical, emotional, mental and Buddhic planes. Ramakrishna's work happened through Vivekananda. Did Ramakrishna speak like Vivekananda? Vivekananda's speeches were so radiant. Sri Aurobindo was in Buddhic plane and he did not bother about his personality life. A French lady came and organised so perfectly everything around him. Later years when Aurobindo transcended to Blissful plane, the mother organised the Buddhic plane also, to some extent. Likewise there are teachers who moved into Atmic plane and everything around them is organised by nature through someone. It is ego to think that we do everything. Everything happens as per time. You can just be a part of it. You cannot think that you are running the family, you are bringing up your children and so on. Your children come with a past and they grow according to it. They may bring good luck or bad luck as per their deeds in the past. So it is ignorance to think that you need to do everything. You just provide the right ambience at home and let your children grow in it. You be with the Divine and the family is taken care of. We have stories of Bhakta Tukaram and Bhakta Potana who remained with the Lord and their families were completely taken care of.

So when you remain with the higher dimension, the lower dimension is taken care of. Do not worry of your sicknesses. We are so concerned with the appearance of the body. We are concerned even of hair fall and try to do something that it does not fall. We are worried of grey hair. Why to do all this? Take to a higher dimension and everything is taken care of. You should have such faith in the Master. If you pray regularly, he will institute that faith in you. You sit and invoke the Master and he will do everything. Do not push yourself too much. It may result in mental imbalance. There are some in Master CVV path who lost their mental balance due to overdoing of prayer. Master gave a way to do it. Just do it accordingly. He pushes you up gradually according to your personality. Let everything happen gradually. Gradual heating results in cooking a good dish. If you put high flame, everything is burnt up. Nothing should be burnt up in the system, from the physical to the cosmic. Everything remains intact. That is what Master says, "No figure change". No damage or decay happens when you are with the Master.

When you are into the Buddhic plane, then you are in a plane where there is no death. Death is only to mental, emotional and physical planes but not to Buddhic plane. Buddhi is the light of the soul. We are all souls. When you are into Buddhic plane and settle there, you do not experience death. So getting back to Buddhi is the first step. Master Aurobindo gave a path to lift us up into Buddhic plane. Master CVV gave a step more and told us that he would take us to the step of realization of Brahman. It does not mean the Yoga of Aurobindo is lower in comparison to Master Yoga. It is only that Aurobindo has taken up to that task. Mahesh Yogi, another Master took up the task of helping disciples to transcend mental plane. Master CVV has taken up a higher task as well. No path is lower to the other. So therefore do not compare the Masters. Each one is given a task and they fulfill that task. It is not that they do not know other higher tasks.

As you move to Buddhic plane, you feel like doing more and more service. You naturally tend to be a great server. You do not speak or even feel that they have done great service. Service has to be natural without any expectation and it is a happening. It happens with great ease. As you move to higher planes, things start happening naturally and there is no doing. You do not feel that you are doing. A true giver is one who does not feel that he has given and does not even remember.

As you move up, the lower planes are better organised because mostly you are the bottleneck. If you don't do, things happen better. Mostly our doing becomes a bottleneck in many activities. Just do what comes to you now. Do not worry of the future. Do not plan the future. Whatever has to happen in future, it will happen. One at a time it happens.

In Buddhic plane, lot of knowledge comes to you. You are bewildered by the kind of knowledge. Persons like Madam HPB dwelled so much in knowledge. Similar was the knowledge of Master EK. You are lifted up into the field of knowledge and beyond knowledge there is ecstasy of experience. Don't try to be ecstasy without covering these steps. It then become lunatic. Bliss comes after you are saturated with knowledge. Chaitanya Mahaprabhu was saturated with knowledge, he went around India 3 times and wanted to gain more and more knowledge. He almost visited every holy place in India. He has grown to peaks of knowledge. It is at that peak of knowledge, he gained the blissful state. He thereafter came out in bliss. He used to dance around in streets due to that joy of feeling the omnipresent divinity. He was in relation to Krishna in everything around and as result could experience ecstasy. That is the 5th state which is not emotion. Without reaching that state, you cannot experience it. If you are really blissful, nothing around you touches you. Ramakrishna was always smiling because he was mostly in blissful plane. If we smile like that, people think that we are mad because it is not natural. For Ramakrishna, it was natural. Shirdi Sai Baba too was always in blissful state and he used to make some gestures which cannot be understood. Such ones cannot be imitated. Do not try to imitate. They could talk to space around. Only when you reach that state, you can experience what they experienced. Meera was so much into omnipresence that she was always ecstatic. She was never interested in the royal life around her. She was a queen. The King was never happy with her behavior and asked her what is that keep her so ecstatic. She says that to her everything is Krishna. He brings her a cup of poison and asks her "Is this also Krishna?" She says "Yes" and then he asks her to drink it. She drinks it without a doubt because she saw nothing except Krishna. She had such strong faith in Krishna. Death could not touch her.

Master CVV could move along with persons who died. Similar to what Savitri did to bring back her husband from Yama, the Lord of death. He went for Chandu into higher circles and brought him back. He also brought back his disciple Sundaram back to life. It is because he crossed the realms of pluto. He had agreements with all planets and entrusted them with different functions. This is not very normal. When he was speaking of this, people were doubtful. It is very hard to believe what he did and said. He had agreements and with life and death and he can postpone our death.

Master CVV also promised us that he would prolong our life if we are highly committed and sincere in the path given by him. We don't want to die but we want to do other things. Master will not prolong your life if you want to do objective activity. These are certain dimensions which Master spoke of and demonstrated by which he stands out from the normal Yoga. In the 6th step of 8-fold Yoga, we experience immortality. This state is what Master makes you experience.

There was a very good astrologer at the time of Master CVV whose name is Potaraju Narasimham (also known as PN). He is a medium. He was a highly knowledgeable person. He was the principal of a college in Chennai. He checked his astrological chart and came to know about the time of his death. It did not happen so because he was into Master Yoga. Death will not touch you when you are sincerely into the path. That is what we see in the story of Markandeya where Shiva tells Yama that he should not touch beings who are sincerely working for realization. Such ones are allowed to live as long as one wishes to live. So when PN calculated the time of his death through his knowledge of astrology. Master EK used to explain how one can calculate the time of death of a person. He used to prove it using the horoscope of dead persons. He said that it is not be done for those who are living.

He used to ask for the date of birth and then used to calculate and tell when that person died. For those who are sincerely into Master Yoga, death time cannot be calculated in that manner. When Master prevails, death awaits.

To Master CVV, death is nothing. He could depart and come back into the body 18 times. It is only done to ensure that people gain the conviction that it is possible. He used to say that he would move out of the body and anyone could verify that he is clinically dead. When they are all convinced that he is dead, he used to come back. He even brought back his son Chandu back from death twice. Master CVV could even send mother Venkamma to higher planes when she wanted to go to meet her son. On the way, she was tricked at the plane of illusion at its ultimate threshold that her son has already returned. So she too started coming back. Master asks her "Why are you coming back?" She said "I am informed that Chandu has come back." Master said "It is trick on you. Say trick the trick and the illusionment would go." Then she said so and she came out of illusion. She went upto the plane where Chandu is and she called him. He looked up and asked "Who are you?" The moment you are disassociated with this plane, the soul realises that there are no relations. So when she tells that she is his mother. He asks "Which mother? I have many mothers in many lives. I don't know which mother you are." So she comes back and Master CVV tells her that it is over. He came here for a purpose and went back once it is over.

So even when PN went to Master CVV with a calculation of his death, Master CVV said that such calculations do not work when you are in the path. Master said "Your death is in my hands because you are with Yoga." Such are the acts done by Master.

That kind of Master remained so simple, so unnoticed and so hidden. Even today, he is hidden because in our minds he doesn't figure in except on few occasions like May Call , December Call or his birthday. Other times, he doesn't permit us to speak about him. That is what he said "Even to speak about me, I have to permit you. Otherwise, you cannot."

I can never forget once incident which happened in my life. Once, Master EK and I were sitting in the beach silently. It came to me that I should ask him about Master CVV. Master EK rarely speaks about Master CVV. The least he wrote about in his books is about Master CVV. He touched many other subjects but rarely Master CVV. So I took courage and asked Master to inform me a dimension of Master CVV. He became so different and so alert immediately. Even today I can feel his response. Then he picked up a sand grain particle and said "This earth is of this dimension of sand particle in relation to the dimension of Master CVV. Don't speak of him anytime and everytime. He is so grand and permeates beyond Cosmos." We read in our Scriptures that our earth is a mustard seed when compared to the whole cosmos. Master EK picked up a sand particle which is even smaller than a mustard seed. So we can imagine how magnanimous the dimension of Master CVV is.

I have another incident. An artist from our group, by name Narasimha Murty brought a picture of Master CVV with the whole cosmos in the background. When Master EK was deeply pleased on seeing it and brought it and showed it to me. He was so much touched by that picture.

So today is the initiation day of such a Grand Master. We have all gathered here in his name. Therefore we need to relate to him and gain his presence. Master EK wanted that every picture of Master CVV is present in the house of the family who aspire to follow the path of Master. If Master's picture is in your house, he is in your house, he presides your house and he notices everything that you do. So may we all grow into his fold and be playing in his lap as his Grand children. He allows you because he is very compassionate. He looks tough but he is so soft. He is the softest one. Relate to him. He will cut us to size painlessly. That is the beauty. That is why we tend to be a bit more fanatic at times. Once in a while, it is ok to be a fanatic. He is the avatar of synthesis that was foreseen to come at the beginning of 20th century by Madam HBP and Hierarchy. That is why, in our path, every system is accepted and we do not reject anything. It is a path of synthesis. Do not deny anything. Everything is in Brahman.

May that be so with all of us. May the Master bless us. Let us catch the feet of the Master. Even if you leave, he won't leave you once you utter his name. He will catch hold of you even if you run away from him. Entry is optional but exit is not optional. That is his compassion. Even if you commit the greatest sin, it is ok. We can be worst fellows, it doesn't matter. He will wash you until you are fit enough.

We will continue tomorrow. Thank you one and all for the good presence which you have given on this occasion of 106th May Call. Today happens to be a Friday which is a favourite day of Master and today also happens to be the 11th Moon phase. Friday is a day which lifts us up into super-mundane from mundane. He wants us to take us up into super-mundane. There is a good convergence of planetary configurations on this day which does not happen always. We continue.

-Swasthi.